



Competency Checklist

Date:	
Employee Name:	
Preceptor/Evaluator's Name	
Competency:	Dry Sterile Dressing Change

INDICATORS OF PERFORMANCE LEVEL SUMMARY

How Met		Level of Competency	
O	Direct Observation/Return Demonstration	1	Below expected standards
V	Verbalization/Discussion	2	Fully meets standards
T	Test	3	Well above standards. May precept peers
NA	Not applicable		

If overall performance or competency is rated below the minimum competency level of 2, that performance or competency must be reassessed within 30 days of this review.

The employee demonstrates skills and competence in the following:	How Met	Level of Competency 1 2 3	Evaluated by:
Gather all necessary supplies including <ul style="list-style-type: none"> • Clean gloves • Sterile gloves • Mask • Gown • Dressing supplies, as needed • Disposable bag for used dressings • Paper Tape • Sterile normal saline • Sterile 4x4 gauze 			
Introduce self, identify patient with ID band and explains procedure			
Follows standard precautions, washes hands according to CDC guidelines			
Done clean gloves`			
Remove tape slowly by pulling tape towards the wound			
Remove soiled dressing and dispose of it in proper container. Wet dressing with sterile normal saline if it adheres to suture line			
Assess incision area for erythema, edema, or drainage			
Assess color of incision			
Remove clean gloves and discard			
Don sterile gloves			
Cleanse incision area with sterile normal saline			
Cleanse from incision line outward, cleaning from top to bottom			
Pat dry incision line			
Place 4x4 gauze or abdominal pad over incision, being careful not to contaminate the gloves			

Remove gloves and discard			
Tape dressing securely			
Date and initial accordingly			
Discard trash in appropriate receptacle			
Perform hand hygiene			
Document care provided			

Employee is competent to perform the above tasks independently and without supervision

Employee's level of competence is below 2. Reassess competency on: _____

Employee's Signature	
Evaluator's Signature	